

WIDOWED SUPPORT GROUP

We provide spiritual as well as social outreach to our fellow widowed.

The group began over 20 years ago with a small group of recently bereaved widowed men and women who met to support each other. After the initial period of bereavement group meetings, members began to address problems of the changes in their state of life since the death of their spouses. Suddenly a person finds themselves as single rather than in the society of couples to which they were accustomed. Good leadership evolved and the group grew in number and strength in the parish.

"Blessed are they that mourn, for they will be comforted." —the Beatitudes
By meeting as a group, socially and spiritually, our group does exactly what Jesus promised.

We share together our joys and sorrows. Many new friendships have been formed. At first, many newly bereaved felt that life had ended, but we comforted each other in knowing that God still has a plan for us. We know that life must go on and by being together we take one day at a time.

WHEN: Monday, twice a month, with these exceptions:

January-February: once a month. Only 1 meeting during summer months.

WHERE: Joe Veltri Hall

TIME: 7:30pm

Some of what we do:

We belong to Sister Jane's Ministry: we bake for the Christmas Fair, make meals for the homeless, give to various charities, and have a baby shower for the unwed mothers. We meet at Mass 4 or 5 times a year to give repose to our spouses and member who have died. We go on trips together, and have socials. We've helped many members who have no family find a second extended family in our group.

We have about 120 members!

Dues: Meeting dues: \$2.00, plus \$20. a year is asked for our various expenses, newsletters, and other charities. Through dues and fundraising activities, we donate \$1,000 a year to the parish.

Special Volunteer Opportunities:

Volunteers are needed to help plan trips and social events, book speakers, see how members are spending holidays, and to contact members who are sick.